

EFFECTS OF VARIABLE BIT RATE VOCODER ON VOIP QOS

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Abstract: Transmission of voice over packet switched networks, such as the Internet (VoIP), has been gradually evolving due to the advantages it can provide to the different end-users (private user, integrated networks service providers, business arena, etc). However, in order for VoIP to be commonly used, the Quality of Service (QoS) offered by VoIP needs to be at least as high as the traditional Plain Old Telephone Service (POTS). In this research, we aim to improve the QoS parameters of the developing VoIP technology by substituting the traditional constant bit rate vocoder (CRV) with a new type of vocoder that is based on continuously variable bit rate (CVRV). Comparative studies of these two vocoders are performed in the following 3 independent scenarios:

1. LAN, in which the connected terminals transfer/receive voice only.
2. LAN, in which the terminals exchange mixed traffic classes of both voice and data.
3. WLAN, in which the connected terminals transfer/receive voice only.

The results of scenario 3 show a significant improvement in performance with use of CVRV in WLAN when more than 50 terminals are involved, as exhibited in all the QoS parameters that were tested. The results of the WLAN are especially interesting and significant as the WLAN is becoming progressively more common nowadays.

1 INTRODUCTION

Voice has been traditionally transmitted using circuit switched networks developed specifically for this purpose while data has been transmitted on packet data networks. The progress in communication technology has brought about faster switches, broader bandwidth and new horizons, such as the integration of voice and data transmission on the same digital network.

The mechanism used for transporting voice over an IP based packet switched network is referred to as Voice over Internet Protocol (VoIP). In order for VoIP to be commonly used in the market, the Quality of Service (QoS) offered by VoIP to the users, needs to be as good as the traditional Plain Old Telephony Service (POTS). QoS can be measured and evaluated by the following individual parameters: delay, jitter and packet loss.

2 GOALS

In this research, we analyse the performance of two different vocoders that produce input traffic (packets) at different rates. The Constant Rate Vocoder (CRV) produces constant length packets and the Continuously Variable Rate Vocoder (CVRV) produces variable length ones. Since the performance of statistical multiplexing is highly dependent on input traffic, packets originating from different modelled sources are expected to exhibit individual performance results. Based on the above, it is hypothesized that CVRV could outperform CRV in terms of VoIP QoS parameters.

The article is organized as follows. Section 3 reviews the model requirements and the offline simulation model is described in section 4. Section 5 gives the implementation, followed by its PME. Lastly, conclusions and future directions are given.

3 MODEL REQUIREMENTS

For this research, we require the following environment characteristics for analysing CRV vs. CVRV vocoders:

1. Connectivity – The environment needs to support connectivity between any number of terminals. The connection can be between one terminal to another, one terminal to many terminals or many terminals to many terminals. The communication between the connected terminals can take place as terminals are receiving data, transmitting or idle.
2. Data Transmission – The environment needs to support transmission of the different data types sent by the terminals and/or the different accessories connected to them. This input/output data includes voice, data and multimedia.
3. Event Logging – In order to be able to analyse the results, all events and processes should be recordable so that a log file can be generated.

4 OFFLINE SIMULATION MODEL

This research experiments were carried out on a simulated network using NS (a Network Simulator)

and additional scripts, so as to achieve the above requirements. The architecture used, in reference to the 7-layer OSI model, includes the following layers (as shown in Figure 1).

4.1 Application Layer

The Application layer supplies the different types of information: voice and data, which are transferred by the terminals through the network. The voice packets are produced by the two different vocoders, CRV and CVRV, using the same recorded conversation.

The Continuously Variable Rate Vocoder (CVRV) is the new vocoder type used in this research that has the following properties:

‘Continuously’, i.e., packets are produced at a constant rate (every 64ms).

‘Variable Rate’, i.e., the packet length produced is variable with the subsequent variable rate (with average length of 82B).

The Constant Rate Vocoder (CRV) is the traditional vocoder:

‘Constant Rate’, i.e., packet length is constant and produced at constant rate. This vocoder produces packets at a constant length of 82B every 64ms.

The data packets that the terminals transmit are assumed to originate in an FTP application that is used as data source for the data terminals.

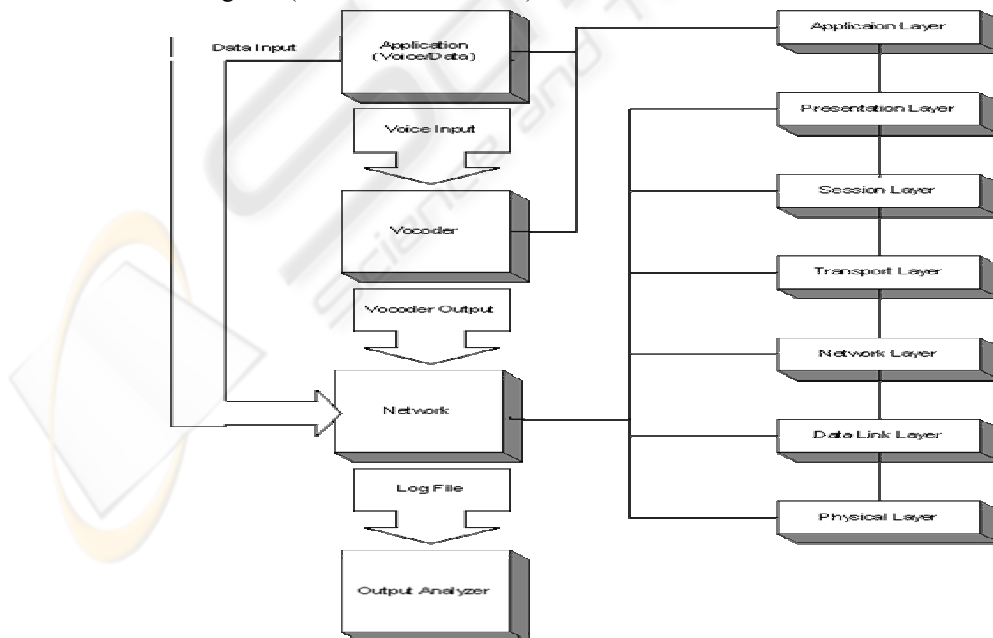


Figure 1: CRV/CVRV Architecture Reference Model

4.2 Transport Layer

The Transport layer supplies the end-to-end connectivity by utilizing TCP for terminals transmitting data and UDP for terminals transmitting voice.

4.3 Network Layer

The Network layer supplies the connectivity between hosts. IP is utilized for voice and data terminals.

4.4 Data link layer and Physical layer

The Data Link and Physical layers are responsible for moving data to/from the physical link. A LAN or WLAN are used for this purpose.

4.5 Analysis Module

The purpose of the Analysis module is to produce the VoIP QoS values, which are delay, jitter and packet loss, for all test cases derived from the NS log files. Another parameter that is tested is the "application packet loss". The application packet loss parameter measures the percentage of packets that do not arrive at the destination in their relevant time frame. These packets become "irrelevant" and are dropped by the application. Results for this parameter are calculated repeatedly, for increasing delays in the play-out buffer.

The delay, jitter, packet loss and application packet loss, are then used as basic measures for assessment of the vocoder behaviour.

5 IMPLEMENTATION

The implementation is used for experimentation with three different scenarios, in which information (voice or voice+data) is exchanged between terminals. Each scenario tests the effects of CVRV on VoIP QoS by checking various network parameters. The three scenarios include the following environments: 1) voice traffic over LAN, 2) voice and data traffic over LAN, and 3) voice traffic over WLAN. Each of these tests is performed repeatedly with an increasing number of participating terminals, in order to study the effect of increasing load on the network.

In the aforesaid experiments, the following characteristics are studied:

1. Performance of CVRV vs. CRV in the different scenarios.
2. Influence of the network load on the performance of each individual test case.
3. Significance of the results as tested by the repeated runs.

6 PERFORMANCE MEASUREMENTS EVALUATION

Here we describe the three scenarios (numbered 1-3) and their results when comparing CRV and CVRV vocoders.

6.1 Voice Traffic over LAN

In this Scenario 1, the comparison of CRV and CVRV is done on a LAN network (802.3 IEEE), with voice traffic only. Isolating the traffic to voice packets enables investigation of the behavior of the

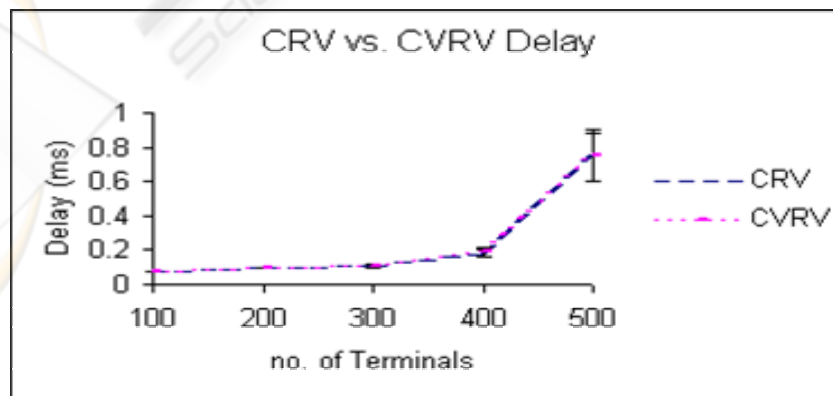


Figure 2: Delay Results

two vocoders, while modelling the difference between them.

The scenario is repeatedly tested with an increasing number of participating terminals, starting with 100 terminals and going up to 500 terminals (limited by the LAN's steady state, which is when it's at maximum capacity).

Following we detail the results of the QoS parameters for this test case.

6.1.1 Delay

The results shown in Figure 2 show that as the number of terminals increase from one test case to another, there are more terminals ready to transmit, and the delay and jitter grow respectively.

6.1.2 Jitter

The jitter increases as the number of packets ready to be transmitted increase, due to more terminals participating in the test case. It should be noted that when only 100 terminals are connected to the LAN, the jitter is 0. This means that the network transmits the packets as soon as they are ready to be transmitted; there is no queue delay.

6.1.3 Packet Loss

None of the test cases in this scenario suffer from network packet loss. All the transmitted packets reach their destination.

6.1.4 Application Packet Loss

As seen, no significant difference was found in the behaviour of CRV and CVRV comparing the delay, jitter and packet loss results.

However, this isn't true for application packet loss. Figure 3 shows the results for a test case with

300 terminals. The results of the application packet loss parameters were at the same level for 100, 200, 400 and 500 terminals as well.

The above results show that in this studied experiment, as the play-out buffer delay increases, more packets arrive at the destination in their relevant time frame, enabling them to be played out rather than dropped.

It can also be seen in the results that in the range of 0-50µs, CVRV loses significantly more packets in comparison to CRV. It is a gap of 37%, 41%, 32%, 35%, 15% at 0µs for 100, 200, 300, 400, 500 terminals, respectively. In the range of 50-250µs, the packet loss does not differ significantly between the two vocoders.

In the experiment described in Figure 3, it is seen that in CVRV vs. CRV test cases, more packets are also lost when the play-out buffer adds a relative small delay (0-50µs). Furthermore, it should be noted that the percentage of long packets lost (for 100, 200, 300, 400 and 500 terminals, respectively) exceeds their prevalence (58%) in the overall packet population.

6.1.5 Summary and Discussion

In this Scenario 1, it was demonstrated that there is no substantial difference in the delay and jitter results of the two vocoders. The behavior of delay and jitter under these circumstances shows an exponential trend line that is in agreement with the literature. The low linear phase in the range of 100-400 terminals, followed by the exponential growth between 400 to 500 terminals, corresponds to the upper limit or saturation of the LAN's load. 600 terminals are out of the testing range.

In this scenario, no network packet loss was found in the vocoders.

The main difference between the two vocoders

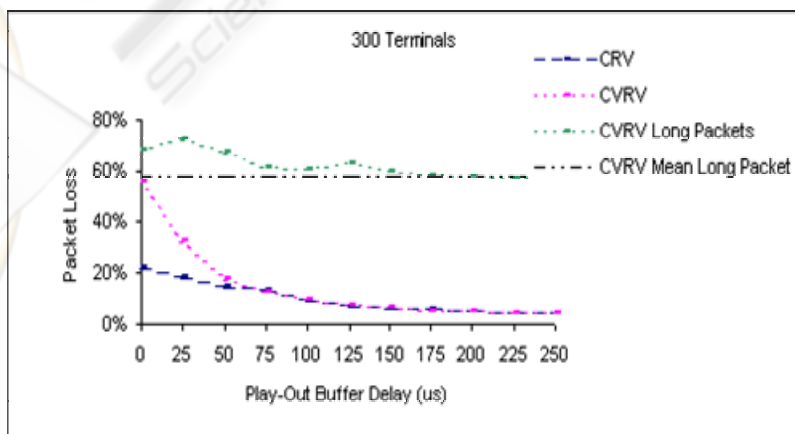


Figure 3: Application Packet Loss Results

in this scenario is in the results of the application packet loss parameter.

In this scenario, CVRV shows a bigger application packet loss than CRV in the range of 0-50 μ s (delay added by the play-out buffer). In this range, test cases utilizing CVRV lose more packets than the corresponding test cases using CRV.

It turns out that this phenomenon is due to the length of the packets. Longer packets travel for a longer time to the destination in comparison to shorter ones. This network delay adds to the overall delay of the packet. For delays longer than 50 μ s, there is no difference between the two vocoders. This is explained by the non-significant contribution of the network delay when added up to the actual delay, on top of the play-out buffer.

For demonstration: the length of an average packet is 82B, the length of the longest packet is 104B, therefore the overhead in travel time for packets longer than the average would be maximum 17.6 μ s, as per the following calculation:

$$LAN = 10Mbps$$

$$LongPacketOverhead = 104b - 82b = 22b$$

$$\frac{22b}{10Mbps} = \frac{22 * 8}{10 * 10^6} = 17.6\mu s$$

When these 17.6 μ s of delay are added on top of the 0-50 μ s delay of the play-out buffer, the addition of the packet length is significant and influences the results of the total application packet loss parameter.

The results for the application packet loss parameter show that for the test case of 500 terminals, the difference in the performance of CRV and CVRV is less significant compared to the other test cases (100-400). This is explained by the fact that the test case with 500 terminals suffered from a much longer delay and jitter relatively to 100-400 terminals. This causes the effect of the network delay (caused by packet length) to be less significant (Queue Delay \gg Network Delay), affecting less the difference in packet loss.

According to the above, when the play-out buffer for CVRV is designed for the receiver's end, the delay added will be according to the maximum's packet length, rather than the average packet length, as in CRV. In order to achieve the same packet loss rate in CVRV and CRV, the delay added in the play-out buffer of CVRV will need to be longer, increasing the total delay time of the packets.

6.2 Voice+Data Traffic over LAN

The scenario of only voice traffic is an isolated case. The more common situation is a LAN where both voice and data are transmitted. Scenario 2 that is investigated here is designed to support both voice and data traffic. The ratio of voice vs. data terminals is 1:1. Every data terminal has a ready packet to be transmitted. The voice terminals perform according to the pre-designation of CRV and CVRV vocoder, respectively. The measurements and statistical studies are applied to the voice packets only. The scenario is carried out repeatedly with an increasing number of terminals.

Following we detail the results of the QoS parameters for this test case.

6.2.1 Delay, Jitter, Packet Loss and Application Packet Loss

The results for delay, jitter, packet loss and application packet loss show that when both voice and data are supplied to CRV and CVRV vocoders, no significant difference is manifested by the two vocoder types. These parameters: delay, jitter and packet loss, increase correspondingly to the number of added terminals.

6.2.2 Summary and Discussion

In this scenario, of transmission of voice and data, we have seen no significant difference between the two vocoders. This is explained below.

The comparison between the vocoders was designed in such a way that the surrounding environment and its features are as close as possible. In this scenario that mixes voice and data, the only difference between CRV/CVRV test cases is the length of the voice packets. The data packets are always ready to be transmitted and a voice packet is ready every 64ms. Consequently, the packets are transmitted at the exact same times in both vocoders.

According to the behaviour of the LAN, when the medium is free, a packet is transmitted. Collisions occur only when more than one terminal senses the medium as free, and transmits a packet. The packets transmitted from multiple terminals simultaneously collide and will need to be retransmitted. It takes the transmitting terminal a constant period of time to notice that the packet it has sent is corrupted due to collision (twice the propagation time). According to the test case setup, the packets in CRV and CVRV scenarios are sent at the same time, and the collisions occur at the same times, respectively. The identification, in a constant time, of a collision eliminates the difference between the voice packet lengths, controlling the scenario

results and maintaining the uniformity in the two vocoders test cases.

However, a comparison between Scenario 1 and Scenario 2 shows a remarkable difference in the delay and jitter value's range of the two scenarios (0-1ms for Scenario 1 and 19-110ms for Scenario 2), whereas the performance of the two vocoders in delay and jitter is similar. This is explained by the presence of the data packets in Scenario 2, while Scenario 1 was designed for voice packets only. There is a substantial difference between the following two inputs:

1. Data packets are significantly longer than the voice packets (500B vs. 82B average).
2. Data packets are always ready to be sent (rather than every 64ms as in voice).

These two different characteristics result in a longer queuing of voice packets waiting for the channel to be idle. As an outcome, the delay and jitter in Scenario 2 are in the range of tens of ms rather than μ s, as in Scenario 1.

Comparing the application packet loss parameter results of the two scenarios shows that this parameter behaves in a different manner than the delay and jitter ones. The application packet loss is significantly higher in CVRV than in CRV in Scenario 1, whereas in Scenario 2, the application packet loss is similar in both vocoders. The explanation for this finding is as follows. The values of the play-out buffer parameter in Scenario 1 are an outcome of the unfavorable long packets, as it takes them a longer time to reach the destination. This phenomenon did not show in Scenario 2, because the queue delay was much longer than the travel time and therefore the delay added by the play-out buffer was in the same magnitude as the queue delay and not in the range of the network travel time. This eliminated all the differences between short vs. long

packets.

In summary, the results of the VoIP QoS parameters of the two vocoders were not significantly different in spite of the fact that such a difference was expected based on the statistical multiplexing analysis. According to the results of Scenario 2, CVRV did not perform better than CRV. This is explained by the fact that in both vocoders, the voice packets were ready to be transmitted every 64ms. Even though CVRV produces packets in variable lengths, this variety in the length was not significant enough to achieve the expected improved behavior of VBR modelled traffic for this vocoder.

6.3 Voice Traffic over WLAN

In Scenario 3, the comparison of CRV and CVRV is done on a WLAN network (802.11 IEEE), with voice traffic only. This scenario simulates an ad-hoc environment, where all terminals can "hear" each other. Limiting the traffic to voice packets enables investigating the behavior of the vocoders, and studying the difference between them.

In the previous scenarios, it was shown that the results of the tested parameters depend on the investigated medium. In this scenario, we use the same test case but on a different medium. We look at the behavior of the vocoders in order to evaluate the results by the QoS parameters. The scenario is carried out repeatedly with an increasing number of terminals.

Following are the results of the QoS parameters for this test case.

6.3.1 Delay, Jitter and Packet Loss

The results for 20 and 50 terminals show no significant difference in the performance of CRV and CVRV. However, the test case of 80 terminals shows a significant difference in the delay, jitter and

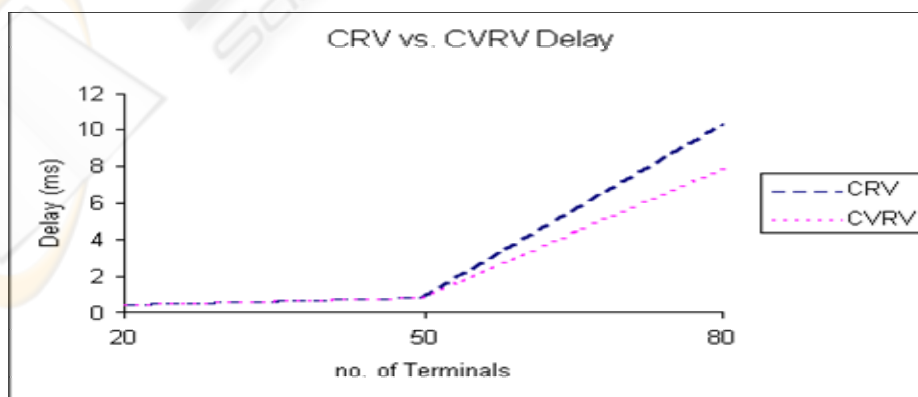


Figure 4: Delay Results

packet loss between the two vocoders. See Figure 4 for delay results.

6.3.2 Application Packet Loss

The test case of 20 and 50 terminals are not subject to any application packet loss. In the case of 80 terminals, where application packet loss occurs, there is no difference in results of the two vocoders.

6.3.3 Results for Collided Packets

The statistical analysis of the WLAN voice only terminals shows that there is a significant difference in the performance of CRV vs. CVRV above the range of 50 terminals. This subsection analyses the behavior of packets that experienced collision and retransmission. In this scenario, the prevalence of collisions, in the incrementing terminal numbers, increases. In the test case of 20 terminals, there are no packet collisions, whereas with 50 terminals the number of packet collisions which is about 1.8% of the test case packets, and in the test case of 80 terminals, the results is 8.5% of the total packets. The number of collisions in the test case of 50 terminals is low (and does not affect the results of delay and jitter). Therefore the analysis is done only on the test case of 80 terminals where the percentage of collisions is high and statistically significant.

Figure 5, shows the difference in the performance of CVRV vs. CRV where the collided packets are isolated and packet loss is monitored.

As shown, for up to 60ms delay, the performance of CVRV is better than that of CRV. CRV loses 7%, 7%, 4%, 4% and 2% more packets than CVRV for 10, 20, 30, 40 and 50 ms, respectively.

The experiment described in Figure 6 analyses the prevalence (in %) of the packets that were

subject to collisions and retransmission.

The packets that have collided 1-7 times are analyzed exclusively, i.e., the packets that have collided for 7 times are not included in the column describing 6, 5, 4, 3, 2 and 1 collisions. The integral collided packets would be the sum of columns $1+2+\dots+7$ (100%).

Comparison of the number of collisions that occur in CRV vs. CVRV shows the following:

1. Packets that collided only once are found in higher prevalence in CVRV than in CRV – 78.61% vs. 73.86%.
2. Packets that collided more than once are more prevalent in CRV than in CVRV (17.22% vs. 14.77% for 2 collisions, 6.03% vs. 4.21% for 3 collisions, 1.86% vs. 1.75% for 4 collisions, 0.70% vs. 0.61% for 5 collisions, and 0.25% vs. 0.07% for 6 collisions).
3. Packets that collided 7 times are only present in CRV and not found in CVRV at all (0.12% vs. 0.00%).

The results show a distinctive superiority of CVRV over CRV in this scenario. The root cause for this is explained as follows. Multiple collisions affect the two vocoders in different magnitudes. In CVRV, more packets of a single collision are found than in CRV, indicating that it handled better the retransmission timing. A packet that has not reached its destination will be retransmitted until success, up to 7 times. The fact that there are more packets of single transmission in CVRV, on account of multiple retransmissions, shows a better performance than CRV.

Also, at the other end of the scale – CVRV performed better than CRV, as manifested by the fact that the packet transmission is completed by a

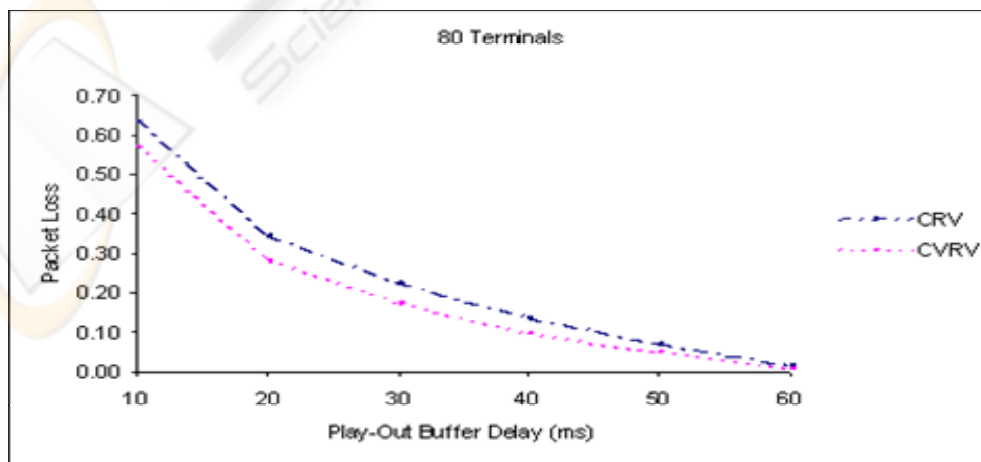


Figure 5: Application Packet Loss Results for Collided Packets

maximum of 6 retransmissions. CRV reached as much as 7 retransmissions and was cut off by the Mac sublayer that is limited to a maximum of 7 retransmissions.

It is suggested that the superior performance of CVRV is due to the following characteristic in the WLAN's network access protocol. In a WLAN operating with CSMA/CA protocol, the transmitting terminal concludes that the packet was not received by the destination, when the ACK packet does not arrive within its expected time frame. This time depends on the length of the packet. CVRV packets are variable length, inserting more randomness into retransmission compared to what the constant length packets of CRV enable. This randomness in retransmission produces the better scheduling of retransmissions for CVRV.

The outcome of the aforesaid observation for collided packets (i.e., that each packet in CRV has been subject to more collisions than the individual packet in CVRV) is that the delay and jitter of CRV is bigger than that of CVRV. The difference is picked up by the QoS parameters of the full scenario of the transmission on the WLAN, providing a more favorable service by CVRV.

6.3.4 Summary and Discussion

The results of delay, jitter and packet loss of the vocoders in Scenario 3 show that the two vocoders differ significantly in the case of 80 terminals. In all the parameters, CVRV performs better than CRV, whereas in the range of up to 50 terminals there is no difference between the two vocoders.

The difference in the performance of the vocoders in the higher range of terminals is attributed to the number of packet collisions when the scenario's load is high. The high number of collisions is a "time

consuming" event that influences not only the delay of the collided packet, but also the jitter, and this is picked up by the QoS parameters of the entire test case.

These results are expected to be more prominent in the WLAN "real world" rather than in a simulator, since in the simulator the only cause for retransmissions is when multiple terminals start to transmit simultaneously, causing the packets to collide in the "air". In the real world of Wireless and WLAN in particular, there are additional relevant attributes, such as: surrounding noises that interrupt the transmission, the signal is not strong enough, it is interfered by other devices, etc. These real world effects can cause the network to have much more corrupted packets resulting in more packets that need to be retransmitted. All these are expected to intensify the advantage of CVRV over CRV in a WLAN.

Generalizing the behavior of CRV/CVRV over the WLAN shows that the WLAN is not tuned to work with CBR traffic. The synchronization of the CBR packets reduces the WLAN effectiveness in comparison to the VBR traffic. It turns out that the network access control protocol of WLAN (CSMA/CA) behaves better with VBR traffic.

7 CONCLUSIONS AND FUTURE DIRECTIONS

Scenario 1 tested the difference in the performance of CRV/CVRV of voice traffic only on a LAN. The results of this scenario show a difference in the application packet loss parameter. The difference in the results is in the time magnitude of about 1ms, explained by the influence of the packet length. But, as the delay of VoIP measures up to hundreds of ms

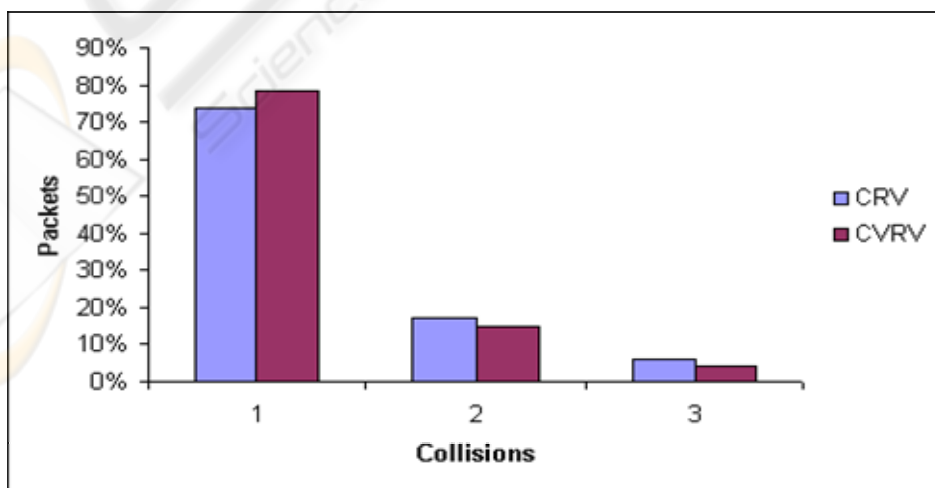


Figure 6: Collisions

this difference is noteworthy on theoretical grounds only. In practice, when testing the VoIP QoS parameters from the users' point of view, a 1ms difference has no net effect.

Scenario 2 tested the difference in the performance of CRV/CVRV of voice and data traffic on a LAN. The results of this experiment showed similar behavior in terms of VoIP QoS parameters of the two tested vocoders, explained by the statistical multiplexing analysis.

Scenario 3 tested the difference in the performance of CRV/CVRV of voice traffic only on a WLAN. The results of this experiment showed significant difference in the delay and jitter results for above than 50 terminals participating in the test case, explained by the WLAN network access protocol. Generalizing the behavior of CRV/CVRV over WLAN, it is more effective to utilize traffic from a VBR source than from a CBR source.

The results of WLAN are especially interesting and significant as the WLAN is becoming progressively more common nowadays. We anticipate that the research results will prove to be even more prominent in the real world than they were in the simulated environment. We consider here two possible future research directions.

First, as most of the vocoders currently used are constant rate vocoders and the effect of constant length packets on WLAN causes more collisions, we suggest to test the WLAN with a different access method, other than CSMA/CA, to alleviate the effect of the constant length packet's collisions due to their synchronization.

Second, this research shows that the VoIP QoS depends on the network utilized. LAN terminals detect that collisions occurred for a transmitted packet in a constant time whereas WLAN terminals detect the collision after a period that depends on the data packet's length. This difference, in the network access protocol (CSMA/CD for LAN and CSMA/CA for WLAN), is the root cause of the difference between the vocoders. Therefore, for possible further improvement of the VoIP QoS, we suggest to look into additional networks with different access methods, such as pure CSMA or Aloha, which might have an additional positive influence on the performance of CVRV.

In practice, from the point of view of the end-user considering the QoS parameters, it was shown that CVRV is superior to CRV in the WLAN scenario and performs as well as CRV in the LAN scenarios. It is thus concluded that this newly designed vocoder, CVRV, would be the best choice for the end-user.

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